Quality Catering

145 St. Jacques Lachine, Qc H8R 1E1 514-509-0733

Sacred Heart Menu: December 2 - 20, 2024

Follow us on instagram @qualitycateringmtl

				514-509-0733
sday Friday	Thursday	Wednesday	Tuesday	Monday
6	5	4	3	2
Parmesan A. Hamburger &	A. Chicken Parmesan	A. Beef Taco Bowl	A. Homemade chicken	A. Penne Bolognese
d w/ spicy wedges	served w/	salsa, lettuce,corn,	strips w/ roasted	served w/
Pasta caesar salad	Pesto Pasta	cheese & tortilla chips	potatoes & corn	broccoli
led Sole B. Veggie burger &	B. Breaded Sole	B. Veggie Taco Bowl	B. Homemade fish	B. Penne rosée
d w/ spicy wedges	served w/	salsa, lettuce,corn,	strips w/ roasted	served w/
Pasta caesar salad	Pesto Pasta	cheese & tortilla chips	potatoes & corn	broccoli
cheese C. Turkey garden salad	C. Grilled cheese	C. Crispy chicken	C. Tuna sandwich	C. Egg garden salad
i with served w/ a bun	panini with	Caesar salad served	served w/	served w/ a bun
ggies	raw veggies	w/ a bun	raw veggies	
	12	11	10	9
ffles, Pizza Day	A. Waffles,	A. Grilled cheese	A. Chicken burger &	A. Meat Lasagna
age & A. Pepperoni Pizza	sausage &	panini w/ Ham &	roasted potatoes	served with
orown w/ a Caesar salad	hash brown	vegetable soup	and corn	Caesar salad
ffles, B. Cheese Pizza	B. Waffles,	B. Grilled cheese	B. Veggie burger &	B. 3 cheese lasagna
ausage & w/ a Caesar salad	veggie sausage &	panini w/ a vegatable	roasted potatoes	served with
brown	hash brown	soup	and corn	Caesar salad
	C. Ham & cheese on	C. Turkey garden salad	C. Grilled cheese	C. Egg garden salad
ant w/ Caesar salad served	croissant w/	served w/ a bun	panini with	served w/ a bun
eggies w/ a bun	raw veggies		raw veggies & dip	
9 20	19	18	17	16
	exams HAPPY	exams &	EXAMS CHRISTMAS	exams MERRY
)	HAP	&	CHRISTMAS	MERRY

Desserts are rotated on a daily basis, including: Granola bars, fruit cup, yogurt, muffin, banana bread, carrot cake, oatmeal cookies etc... Note: All meals are free of all peanut

IMPORTANT: Please return September coupons ASAP to school Caferteria

- 1 A 48 hour notice is required for all changes and/or cancellations
- 2 The caterer reserves the right to modify the menu without notice
- 3 Meals will not be given to children who have not remitted a payment
- 4 There will be a \$30 charge for all returned cheques

Sacred Heart

5 - No refunds are given in the event of a snow storm, school cancellation, etc...

Keep the above menu as a reminder. Please return the coupon ASAP

School Name:
Student's Name:
Grade Number:
Contact Person:
Telephone Number

Student's Name:	
Grade Number:	
Contact Person:	
Telephone Number:	

ircle the appropriate of	choice : A or B or C			
Monday Dec. 2	Tuesday Dec. 3	Wednesday Dec. 4	Thursday Dec. 5	Friday Dec. 6
A or B or C	A or B or C	A or B or C	A or B or C	A or B or C
Monday Dec. 9	Tuesday Dec. 10	Wednesday Dec. 11	Thursday Dec. 12	Friday Dec. 13
A or B or C	A or B or C	A or B or C	A or B or C	A or B or C
Monday Dec. 16	Tuesday Dec. 17	Wednesday Dec. 18	Thursday Dec. 19	Friday Dec. 20
Exams	Exams	Exams	Exams	Exams

Please $\underline{DO NOT}$ issue cheques or etransfers for amounts \underline{LESS} than \$30 Please send etransfers to shsm@qualitycatering.ca

Merry Christmas & Happy New Years

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