



Uniform Information

As we look forward to welcoming your daughter(s) to Sacred Heart, we want to give you ample time to purchase all the necessary items for the school and athletic uniforms. You will find the order form from our official uniform supplier, Top Marks, included in this packet.

The school uniform should always be worn according to Sacred Heart standards, as demonstrated in the photo guide attached. We, at Sacred Heart, pride ourselves on dressing for success and we ask that you help ensure that your daughter wears the school uniform properly to and from school. We recommend that all parts of the uniform be identified with your daughter's name to facilitate return of misplaced items.

The **mandatory dress uniform** is to be worn every Tuesday and on special occasions. It consists of:

- White oxford blouse
- Sleeveless vest
- Kilt with kilt pin OR dress pants
- School tie
- Knee socks (summer) or tights (winter) in navy or black (may be purchased anywhere)
- Biker shorts may be worn under the kilt and may be purchased anywhere

The **mandatory phys ed uniform** may be worn during phys ed class only. Students must change in and out of the phys ed uniform before and after phys ed class. We strongly recommend you buy all four items to be prepared for any weather:

- Jogging pants or shorts
- T-shirt
- Hoodie
- Athletic socks and traditional running shoes with laces (to be purchased anywhere)

The **casual uniform** should be worn on all other days. Students may mix and match the following items along with items from the dress uniform. All items are optional but strongly recommended.

- Long sleeve navy polo
- Short sleeve white polo
- Cardigan
- Long sleeve sweater

Shoes

Students are permitted and encouraged to travel to and from school in **ALL** black sneakers in order to keep their school shoes neat and clean. School shoes should remain locked in the student's locker and students must change their footwear upon entering into the school. School regulation shoes must be all black including soles. All black sneakers are accepted but no high top sneakers or boots.



Welcome to Your 2024-2025 School Uniform Program!

THE SACRED HEART SCHOOL OF MONTREAL

Dear Parents,

Top Marks is proud to be your school uniform supplier.

ORDER ONLINE BY JUNE 15

to ensure delivery
before the start of school

Visit www.topmarks.ca

Your school password is

SAC01

FREE SHIPPING for all orders placed between May 1 – June 15!
Exchanges and returns ship FREE year-round!

Montreal Fitting Center – by Appointment Only

Unsure of sizing? If you could use some additional guidance, please don't hesitate to schedule an appointment. Our dedicated team will support you in choosing the right fit and can also provide assistance with placing online orders.

To book a fitting appointment:

Visit www.topmarks.ca and create or log in to your account to view available times, or contact our Customer Service team at 1-800-667-7105 or info@topmarks.ca.

**8215 Chemin Montview
Mont-Royal, QC H4P 2L9**



CONTACT CUSTOMER SERVICE

Toll Free: 1-800-667-7105

Phone: (514) 344-5454

Email: info@topmarks.ca

Scan QR code to visit www.topmarks.ca

***Proudly supplying uniforms to
Canadian schools since 1986.***



THE SACRED HEART SCHOOL OF MONTREAL



ALL ORDERS MUST BE PLACED ONLINE AT WWW.TOPMARKS.CA

FREE SHIPPING on orders placed between May 1- June 15

TO ENSURE DELIVERY BEFORE START OF SCHOOL, PLEASE PLACE YOUR ORDER BEFORE JUNE 15

SCHOOL PASSWORD - SAC01

SHOPPING LIST- 2024-2025

(PLEASE REFER TO YOUR SCHOOL'S UNIFORM GUIDELINE BEFORE PURCHASING)

GROUP	STYLE #	COLOR	UNIFORM DESCRIPTION	SCHOOL LOGO	JUNIOR SIZES	ADULT SIZES	SIZE TRIED ON	JUNIOR PRICE	ADULT PRICE
TOPS	1063	WHITE	LONG SLEEVE OXFORD BLOUSE		JM, JL, JXL	AXS, AS, AM, AL, AXL		\$36.25	
	1063	PALE BLUE	LONG SLEEVE OXFORD BLOUSE - prefects only		JM, JL, JXL	AXS, AS, AM, AL, AXL		\$36.25	
	1015	WHITE/NAVY	SHORT SLEEVE FITTED POLO SHIRT	Y	JM, JL, JXL	AXS, AS, AM, AL, AXL		\$32.25	
	1018	DARK NAVY	LONG SLEEVE FITTED POLO SHIRT	Y	JM, JL, JXL	AXS, AS, AM, AL, AXL		\$35.50	
BOTTOMS (KILT and/or DRESS PANTS)	302520	TARTAN	STITCHED PLEAT KILT		N/A	4, 6, 8, 10, 12, 14, 16, 18, 20		N/A	\$96.00
	3038	NAVY	LADIES DRESS PANT		N/A	4, 6, 8, 10, 12, 14, 16, 18, 20		N/A	\$45.50
	3384	NAVY	LADIES 4-WAY STRETCH PANT		N/A	4, 6, 8, 10, 12, 14, 16, 18, 20		N/A	\$63.75
SWEATERS	2044	NAVY	V-NECK LONG SLEEVE SWEATER	Y	JM, JL, JXL	AXS, AS, AM, AL, AXL, AXXL		\$61.00	
	1416J	NAVY	FULL ZIP DOUBLE KNIT JERSEY CARDIGAN	Y	JM, JL, JXL	AXS, AS, AM, AL, AXL, AXXL		\$55.00	
	2004	NAVY	V-NECK SLEEVELESS VEST (mandatory)	Y	JM, JL, JXL	AXS, AS, AM, AL, AXL, AXXL		\$50.50	
GYM UNIFORM (MANDATORY)	1401P	NAVY	JOGGING PANTS	Y	JM, JL, JXL	AXS, AS, AM, AL, AXL		\$37.00	
	1404	GREY	HOODED KANGAROO TOP	Y	JM, JL, JXL	AXS, AS, AM, AL, AXL		\$41.75	
	1231	NAVY	WICKING SHORTS	Y	JM, JL, JXL	AXS, AS, AM, AL, AXL		\$27.50	
	1027	GREY	GYM T-SHIRT	Y	JM, JL, JXL	AS, AM, AL, AXL		\$16.25	
	5033	WHITE	LAB COAT (mandatory)		JL, JXL	AXS, AS, AM, AL		\$36.25	
	1027	ORANGE	T-SHIRT - (mandatory new students only)		JM, JL, JXL	AS, AM, AL, AXL		\$10.25	
ACCESSORIES	*671Y/671	BLACK	*LADIES BIKER SHORTS		JM, JL, JXL	AXS, AS, AM, AL, AXL		\$15.95	
	TIE-ZP	TARTAN	SCHOOL TIE		O/S			\$24.00	
	*TIGHTS	NAVY / BLACK	*TIGHTS - light weight		JS-JM / JL-JXL	AS-AM / AL-AXL		\$15.95	
	*TIGHTS	NAVY / BLACK	*TIGHTS - heavy weight		12-14	AS, AM, AL, AXL		\$22.95	
	*SO-LDS-SL	NAVY	*KNEE HIGH SOCKS		N/A	9-11		\$7.50	
	NAME TAPES	WHITE	IRON-ON (75 PER PACK)		O/S			\$10.50	
SHIPPING CHARGE								\$7.50	

* Items can buy elsewhere.

Prices do not include sales tax
 Payment Options - Mastercard and Visa Accepted
 Shipping charges are subject to change



TOP MARKS

FITTING CENTER 101

BY **APPOINTMENT** ONLY

OPERATING HOURS

TUES - FRI: 10:00 - 5:00

SATURDAY: 10:00 - 4:00 (MID-MAY - SEPT)

SUN - MON: CLOSED

8215 CHEMIN MONTVIEW, H4P 2L9

01

Book an **appointment** online at www.topmarks.ca

02

Try on samples at our Fitting Center to find the right fit.

03

All orders must be placed **online and will be shipped out.**

Orders placed before **June 15th** will be shipped **free of charge!**

04

Need to make a **return or exchange?**

All garments must be shipped using your **pre-paid** label.

Instructions for Booking Appointments Online

For families who wish to book an appointment, please visit our website at www.topmarks.ca and click “Online Orders”. In order to book an appointment, you must first create a family profile. Please note that if you have already created an online profile, simply login to the system and skip directly to # 3.

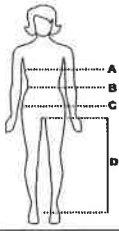
1. Enter **SAC01** as your school specific password.
2. Complete the registration form.
3. Under the section titled “Appointments”, click “Book Now”.
4. For each child that requires an appointment, please select from the drop down menu whether they are a new student or returning student and click “Verify Availability”
5. Select your desired appointment time and click “Book Now” directly below.

Should you require any assistance during the process, or simply wish to book an appointment by phone, please do not hesitate to contact our customer service department at **1-800-667-7105** (Monday to Friday, 9:00am – 5:00pm).

THE SACRED HEART SCHOOL OF MONTREAL

SIZING CHART

FOR PARENTS WHO ARE UNFAMILIAR WITH TOP MARKS SIZING, WE PROVIDE BELOW A SIZING CHART AS A GUIDELINE FOR YOU TO DETERMINE YOUR CHILD'S SIZING.



TO INSURE A PROPER FIT, MEASURE YOUR CHILD CAREFULLY - KEEP TAPE FIRM BUT NOT TIGHT.
CHEST (A): MEASURE AROUND THE FULLEST PART OF THE CHEST/BUST (1 INCH BELOW THE ARMPIT)
WAIST (B): MEASURE AROUND THE WAIST WHERE YOUR CHILD WEARS THEIR PANT OR SKIRT
HIPS (C): MEASURE AROUND THE FULLEST PART OF THE HIP
INSEAM (D): MEASURE FROM THE CROTCH ALONG THE INSIDE LEG TO YOUR PREFERRED LENGTH

LONG SLEEVE OXFORD BLOUSE-1063										
	JM	JL	JXL	AXS	AS	AM	AL	AXL		
CHEST	28/29	29/30	30/31	32/33	34/35	36/37	38/39	40/41		
SLEEVE LENGTH	27 1/2	29 1/2	30 1/2	31	31 1/2	32	32 1/2	33		
CENTER-BACK										
KILT - 302520										
	4	6	8	10	12	14	16	18	20	
WAIST	21/22	23/24	25/26	27/28	29/30	31/32	33/34	35/36	37/38	
HIPS	30/31	32/33	34/35	36/37	38/39	40/41	42/43	44/45	46/47	
LENGTH	22	22	22	22	22	22	22	22	22	
MODESTY SHORT- 671Y/671										
	JM	JL	JXL	AXS	AS	AM	AL	AXL	AXXL	
WAIST	23/24	24/25	25/26	26/27	27/28	29/30	31/32	33/34	35/36	
LADIES DRESS PANT- (REGULAR FIT)- 3038										
	4	6	8	10	12	14	16	18	20	
WAIST	26/27	28/29	30/31	32/33	34/35	36/37	38/39	40/41	42/43	
HIPS	29/30	31/32	33/34	35/36	37/38	39/40	41/42	43/44	45/46	
INSEAM	33	33	33	33	33	33	34	34	34	
LADIES DRESS PANT- 3384 - (4 WAY STRETCH PULL ON PANT WITH BACK ELASTIC)										
	2	4	6	8	10	12	14	16	18	20
WAIST	22	24	26	28	30	32	34	36	38	40
HIP	30/31	32/33	34/35	36/37	38/39	40/41	42/43	44/45	46/47	48/49
INSEAM	32 1/2	32 1/2	32 1/2	32 1/2	32 1/2	32 1/2	32 1/2	32 1/2	32 1/2	32 1/2
V-NECK SLEEVELESS VEST-2004										
	JM	JL	JXL	AXS	AS	AM	AL	AXL	AXXL	
CHEST	29/30	31/32	33/34	34/35	36/38	39/41	42/44	45/47	48/50	
LENGTH	21	22	23	23 1/2	25	27	28	29	30	
JOGGING PANTS-1401P										
	JM	JL	JXL	AXS	AS	AM	AL	AXL	AXXL	
WAIST	26/27	27/28	28/29	29/30	31/32	33/34	35/36	37/38	39/40	
INSEAM	26	28	30	32	32 1/2	33	33 1/2	34	34 1/2	
PLEASE NOTE THE INSEAM ON THE JOGGING PANT (STYLE 1401P) IS BEFORE THE 9% SHRINKAGE										
HOODED KANGAROO TOP -1404										
	JM	JL	JXL	AXS	AS	AM	AL	AXL	AXXL	
CHEST	32/33	34/35	36/37	38/40	41/42	43/44	45/46	47/48	49/50	
WICKING SHORTS- 1231										
	JM	JL	JXL	AXS	AS	AM	AL	AXL	AXXL	
WAIST	24/25	26/27	28	28	29/30	31/32	33/34	35/36	37/38	
INSEAM	4 1/2	5	5	5 1/2	5 1/2	5 1/2	5 1/2	6	6	
T-SHIRT-1027										
	JM	JL	JXL	AS	AM	AL	AXL	AXXL		
CHEST	31/32	33/34	35/36	31/32	33/36	37/40	41/44	47/48		
LENGTH	23 1/2	25	26 1/2	28	29	30	31	32		
SHORT AND LONG SLEEVE FITTED POLO SHIRT-1015/1018										
	JM	JL	JXL	AXS	AS	AM	AL	AXL	AXXL	
CHEST	26/27	28/29	30/31	32/33	34/35	36/37	38/39	40/41	42/43	
FULL ZIP JERSEY KNIT CARDIGAN -1416J										
	JM	JL	JXL	AXS	AS	AM	AL	AXL	AXXL	
CHEST	30/31	32/33	34/35	36/38	38/39	40/42	43/44	45/46	47/48	
V-NECK LONG SLEEVE SWEATER- 2044										
	JM	JL	JXL	AXS	AS	AM	AL	AXL	AXXL	
CHEST	33/34	35/36	37/38	38/39	40/41	42/44	45/47	48/50	51/53	
LENGTH	22	23	24	25	26 1/2	28	29	30	31	
LABCOATS-5033										
	JL	JXL	AXS	AS	AM	AL	AXL	AXXL		
CHEST	34/35	36/37	38/39	40/41	42/43	44/45	46/47	48/49		
LENGTH	34	34	38	38	38	38	38	38		

TIGHTS - HEAVIER WEIGHT FABRIC

SIZE	HEIGHT	WEIGHT
JUNIOR (10-12)	52-60 IN	70-85 LBS
JUNIOR (12-14)	56-62 IN	80-100 LBS
ADULT(S)	59-64 IN	95-115 LBS
ADULT(M)	62-67 IN	115-135 LBS
ADULT(L)	64-69 IN	135-155 LBS
ADULT(XL)	66-71 IN	150-175 LBS

LIGHT WEIGHT TIGHTS

TIGHTS - SIZING		
SIZE	HEIGHT	WEIGHT
JUNIOR (S/M)	43-48 IN	50-75 LBS
JUNIOR (L/XL)	48-58 IN	75-90 LBS
ADULT (S/M)	58-63 IN	90-125 LBS
ADULT (L/XL)	63-68 IN	125-150 LBS

GIRLS SOCKS

SHOE SIZE	1-7	7-13	1-5	6-9
SOCK SIZE	4-6	6-8	7-9	9-11



THE SACRED HEART SCHOOL OF MONTREAL

DRESS UNIFORM



1063 WHITE



1063 BLUE (Prefects)



1015 WH/NAVY



1018 DK/NAVY

GYM UNIFORM



1404 GREY



5033 LAB COAT



302520 BLACKWATCH



671 BLACK



3384 NAVY



3038 NAVY



1401P NAVY



1027 GREY



2004 NAVY



2044 NAVY



1416J NAVY



ZIPPER TIE (BW)



1027 ORANGE



1231 NAVY